



Riverside County District Attorney's Office  
Presenter# 6860  
CPR/FIRST AID/AED – Course# 21797

- I. Role of the public safety first aid provider
  - a. Personal safety
    - i. Scene size-up
  - b. Body substance isolation, including removing gloves
  - c. Mass Casualty Responsibilities
  - d. Minimum personal equipment and first aid kits
- II. Heart Attack and sudden cardiac arrest to include:
  - i. Sudden cardiac arrest and early defibrillation
  - ii. Chain of survival
- III. CPR and AED for adults, children, and infants, following current AHA Guidelines
  - a. Basic airway management
  - b. Rescue breathing
    - i. Mouth-to-Mouth
    - ii. Mouth-to-Mask
  - c. Chest compressions and CPR/AED
  - d. Single rescuer CPR/AED on adult, child and infant
  - e. Two rescuer CPR/AED on adult, child and infant
  - f. Basic AED Operation
    - i. Using the AED
    - ii. Troubleshooting and other considerations
  - g. Recovery position
- IV. Airway Obstruction on adults, children, and infants
  - a. Conscious patients
  - b. Unconscious patients
  - c. Breathing Difficulties
    - i. Allergic reaction and anaphylaxis
      - a. Assisted administration of epinephrine auto-injector
- V. Medical emergencies
  - a. Performing assessment – primary/secondary
  - b. Heart Attack / Coronary Event
  - c. Altered mental status
  - d. Stroke
  - e. Diabetic emergencies
    - i. Administration of oral glucose
  - f. Seizures
  - g. Alcohol and drug emergencies
    - i. Assisted naloxone administration and accessing EMS
  - h. Severe abdominal pain
  - i. Obstetrical emergencies



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- VI. Burns
  - a. Identification and treatment
- VII. Facial injuries
  - a. Identification and treatment
- VIII. Environmental emergencies
  - a. Heat emergencies
  - b. Cold emergencies
- IX. Bites and Stings
  - a. Insect Bites and stings
  - b. Animal and human bites
    - 1. Assisted administration of epinephrine auto-injector and accessing EMS
- X. Poisoning
  - a. Ingested poisoning
  - b. Inhaled poisoning
  - c. Poison control system
  - d. Exposure to chemical, biological, radiological or nuclear (CBRN) substances
    - i. Recognition of exposure
    - ii. Scene safety
- XI. Patient movement
  - a. Emergency movement of patients
  - b. Lifts and carries which may include: using soft litters and manual extraction including fore/aft, side-by-side, shoulder/belt
- XII. Trauma emergencies
  - a. Soft tissue injuries and wounds
  - b. Amputations and impaled objects
  - c. Chest and abdominal injuries
    - i. Review of basic treatment for chest wall injuries
    - ii. Application of chest seals
  - d. Head, neck or back injury
  - e. Spinal immobilization
  - f. Musculoskeletal trauma and splinting
  - g. Recognition of signs and symptoms of shock
    - i. Basic treatment of shock
    - ii. Importance of maintaining normal body temperature
  - h. Internal bleeding



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- i. Control of external bleeding, including direct pressure, tourniquet, hemostatic dressings, chest seals and dressings
    - i. Training in the use of hemostatic dressing shall result in competency in the application of hemostatic dressing. Included in the training shall be the following topics and skills:
      - a. Review of basic methods of bleeding control to include but not be limited to direct pressure, pressure bandages, tourniquets, and hemostatic dressing and wound packing
      - b. EMSA-approved hemostatic dressings
- XIII. Bloodborne and Airborne Pathogens
- XIV. Written, oral and/or demonstration assessment (in each topic area)